



Living Healthy, God's Way: The Secret of Acquiring a Healthy Life, God's Way (Paperback)

By Anne Maingi

Strategic Book Publishing Rights Agency, LLC, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Rather than instructing readers on how to actually lose or gain weight, Living Healthy, God's Way is more a book that's more concerned with God's way of acquiring a healthy lifestyle. In today's world we tend to worry too much about our health; we desire to live healthy, to lose weight, and some even to gain it. We read books on dieting, enroll ourselves in fitness classes but nothing ever really seems to work. Often we are left feeling miserable, uncomfortable in our own skin, and seemingly locked in an endless battle with ourselves. Many have given up trying and decided to live in their comfortable zones. Did God create us to live an unhealthy lifestyle? Did He create us and assume we would know how to take care of our bodies? If you have tried everything, searched for answers everywhere, only one choice remains - and that is in Living Healthy, God's Way. Publisher's website: //.



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