



## A Note from Heaven: How to Sing Yourself into a Higher State of Consciousness

By Githa Ben-David

Watkins Media. Paperback. Book Condition: new. BRAND NEW, A Note from Heaven: How to Sing Yourself into a Higher State of Consciousness, Githa Ben-David, 'An enriching East-West guide to the voice as a spiritual practice .rooted in a range of essential vocal practices, "The Note from Heaven" deepens self-inquiry, and awakens your heart's ears through a joyous process of creative intention, self-discipline and expression.' Chloe Goodchild singer, voice pioneer, founder of The Naked Voice website and author of "The Naked Voice" Githa Ben-David presents a method for liberating the natural voice using regressive cell singing - one of the most direct ways to get in contact with the subconscious mind. This liberation has a healing effect on body and soul and can be experienced by every speaking person. With inspiration from India, Githa has put together a program for self-study, along with a practice instruction program that can be downloaded. Utilising this method you will 'sing yourself free from traumas that have their origin in this life, the womb or previous lifetimes. In regressive cell singing, The Note from Heaven is used as a tuning fork to retune cells to their former harmony. Any notes, sounds or outbursts that genuinely express The...



**READ ONLINE**  
[ 3.83 MB ]

### Reviews

*It in just one of the best ebook. I was able to comprehended every thing out of this composed e pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Ocie Hintz**

*Simply no terms to clarify. It is actually loaded with knowledge and wisdom I am just delighted to let you know that this is the very best publication i have got read through during my individual lifestyle and could be he very best pdf for actually.*

-- **Mr. Caleb Quigley MD**

## Other PDFs



### **Most cordial hand household cloth (comes with original large papier-mache and DVD high-definition disc) (Beginners Korea(Chinese Edition)**

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: Unknown in Publisher: Henan Science and Technology Press Information Original Price: 78.00 yuan Author: Publisher: Henan Science and...



### **Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)**

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



### **History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)**

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This version of the History of the Town of Sutton Massachusetts from 1704 to 1876 is a labor...



### **Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications . (Paperback)**

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



### **From Kristallnacht to Israel: A Holocaust Survivor s Journey (Paperback)**

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



### **Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire**

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had the answers to all your frequently asked...