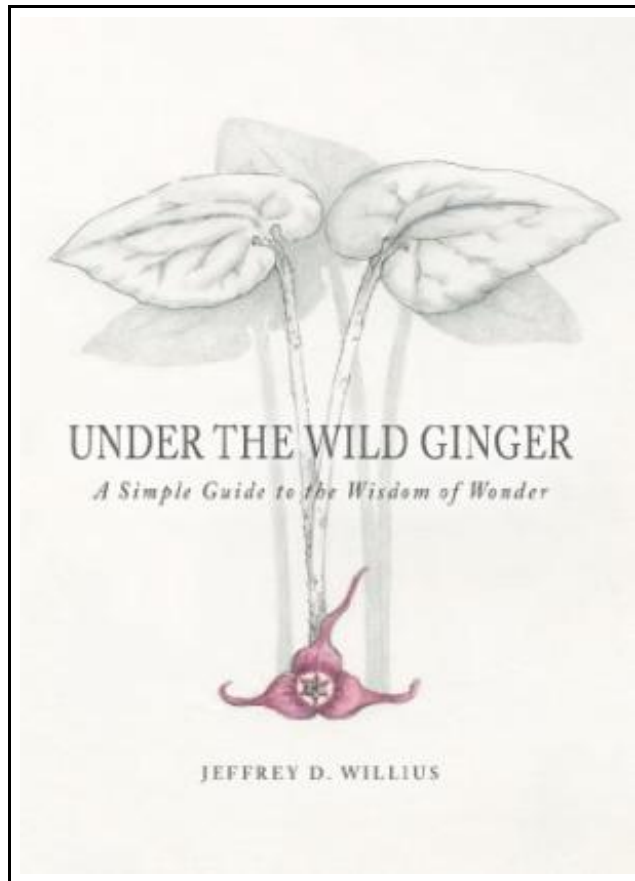


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UNDER THE WILD GINGER: A SIMPLE GUIDE TO THE WISDOM OF WONDER (HARDBACK)



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Bunker Hill Publishing, United States, 2012. Hardback. Book Condition: New. 173 x 127 mm. Language: English . Brand New Book. Do you remember how it felt when, as a child, you first discovered some little creature or flower you'd never seen before and when, moved beyond speech, all you could manage was a breathless wow? That little whisper, that crystalline moment of pure wonder, is what *Under the Wild Ginger* is about. You can reclaim the magical in your hectic life. You'll learn how to open both your senses and your spirit to your surroundings, how to notice and celebrate the countless small miracles that await, often right under your nose. The book introduces the concept of seeing generously. It suggests that, while sensing may seem a kind of acquisition, it's really as much about giving as taking--letting go of agendas and schedules; surrendering cell phones and computers; committing your time; applying your imagination; and, above all, simply paying attention. Giving something of yourself to the process of perception restores the curiosity and joie de vivre each of us possessed naturally as a child but which got buried in layer upon layer of adult structure, stress, and cynicism. *Under the Wild Ginger* is a book to enjoy in quiet moments by yourself, to give to kindred spirits, and, perhaps most importantly, to share with your children and grandchildren as a guidebook to journeys of wonder you'll undertake together. *Under the Wild Ginger* is a collection of evocative reflections which gently, compellingly urge the reader to reclaim the wonder and wisdom of childhood. Part nature walk, part self-reflection, part spirit quest, it inspires uninhibited curiosity and enthusiasm for small things, those small, wonderful things so often hidden to first glances like the exquisite flower beneath the leaves of the wild ginger. Through his patient probing Jeffrey Willius shows us how, for each layer of our perceptual,...



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